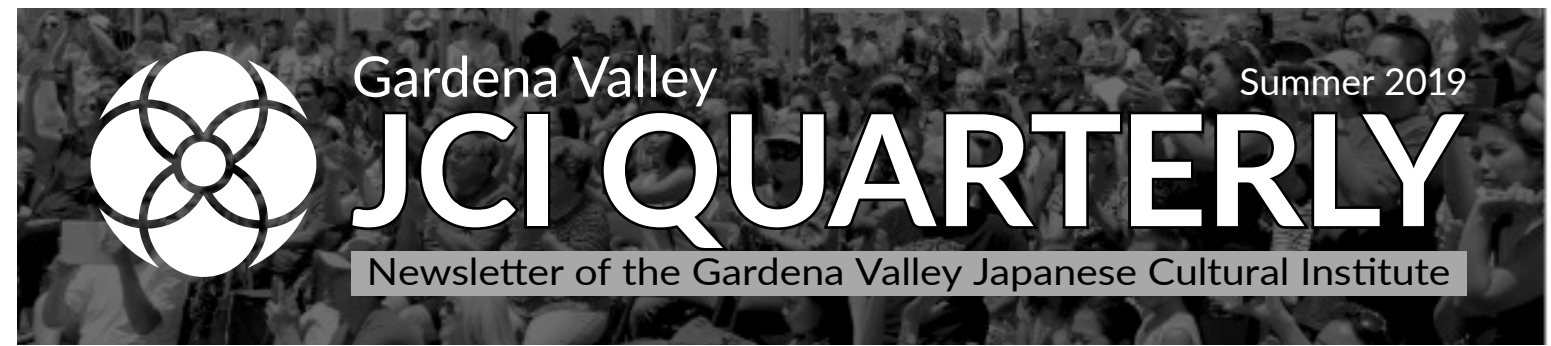




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OR CURRENT OCCUPANT

GARDENA VALLEY JAPANESE CULTURAL INSTITUTE

The Gardena Valley Japanese Cultural Institute (GVJCI) is a 501(c)(3) non-profit community center providing various classes, programs, services, and facilities to the South Bay area. We also provide affordable housing through the JCI Gardens Apartments, the adjacent senior housing property.

The GVJCI's roots date back to 1912, when it was known as the Moneta Gakuen, a Japanese language school. In 1967, it was formally incorporated as the Gardena Valley Japanese Language School. Then, in 1968, the corporation changed its name to the Gardena Valley Japanese Cultural Institute to incorporate the broader services and functions the organization offers. In 1971, Compton Gakuen, Gardena Gakuen, and Moneta Gakuen merged, opening its doors officially as the GVJCI's Japanese Language School. The GVJCI has a very proud history spanning over 100 years.

Today, we continue to provide a variety of activities, programs, and services. We are truly fortunate to have an active and well-utilized center serving people of all ages. We thank you, the community, for your active participation and for your support through donations and volunteerism that enables the GVJCI to continue.

MISSION STATEMENT

A space to engage, share, and embrace the Nikkei experience and culture.

VISION STATEMENT

The GVJCI envisions a vibrant network and a welcoming space for all persons interested in Japanese heritage and culture where history and tradition are honored, people are inspired to create action and change, and cultural pride and respect for all humanity are promoted.

Board of Directors

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 Cathy Lee, *Development and Events Manager*
 Nicole Sato, *Program Manager*
 Pam Momoko Yan, *Program Coordinator*

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 Bob Seki, *Maintenance Custodian*
 Gerald Mayewaki, *Facility Assistant*

Japanese Language School

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 Atsuko Vorreiter, *Vice Principal & Teacher*
 Mayumi Fuchino, *Teacher*
 Atsuko Fukuda, *Teacher*
 Masumi Sasaki, *Teacher*
 Aimee Shimizu, *Teacher*
 Chiaki Suzuki, *Teacher*
 Eriko Yamamoto, *Adult Class & Conversation Class Teacher*

2019 GVJCI MATSURI THANK YOU!

By Cathy Lee, *Development & Events Manager*

What do 1,600+ volunteers, hundreds of volunteer hours, thousands of tasty food items eaten & games played, amazing entertainment and awesome martial arts demos equal? The 2019 GVJCI Matsuri Fundraiser of course!

Sunny skies and perfect weather set the tone for the 2019 GVJCI Matsuri Fundraiser. As the GVJCI's largest annual fundraiser, we are pleased to share that this year's Matsuri was a huge success thanks to YOU! We thank all who came out to enjoy this event and support the GVJCI!

We hope you enjoyed the new layout that opened up the food booth area. Also new this year, was our Mega Matsuri Raffle, Credit Card Scrip & Raffle Ticket Purchases, awesome banners and a Quarter Toss game just to name a few.

Saturday and Sunday were filled with endless fun and excitement as eager Matsuri attendees of all ages experienced our many offerings of delicious food, fun games, entertainment, bingo and ondo dancing. Yakisoba returned, and as always, was a crowd pleaser!

I was recently asked if I could describe the Matsuri in one word, what would that word be? My answer? "Spectacular!"

Definitely, it was a lot of hard work and planning for everyone....but it paid off and everything was spectacularly fun and delicious! From the tasty food, fabulous entertainment, the gracious generosity of our corporate sponsors & donors, but most of all to see how our community rallied together in support of the 2019 GVJCI Matsuri Fundraiser through their countless hours of hard work, planning and volunteering was the best! It was great seeing families and friends of all ages enjoying this fun-filled annual South Bay tradition!

This Matsuri would not exist without the support, hard work, and dedication from our Member Organizations, Volunteers, GVJCI Board, Staff and their families, Matsuri Area Volunteer Managers, before, during, and after the Matsuri. We are so thankful for the many committed Matsuri supporters including the local businesses, nurseries, and individuals who generously donated raffle prizes, plants, white elephant sale items, crafts, and monetary donations.



Many of our game booths were run by youth volunteers from our Member Organizations. We are thankful to see these dedicated youth volunteers year after year, and even returning as adult volunteers! Way to go!

Every year our senior volunteers work tirelessly behind the scenes. They prep ingredients, cut all of the fresh produce and even solicit all of our raffle prizes—we are so thankful for all they do! Harry Yonemura from ABC Nursery is always instrumental in managing the very popular plant sale year after year! Great job Chika Nagata as this year's emcee! I wish

I could name all of our fabulous volunteers....please know we appreciate all of you!

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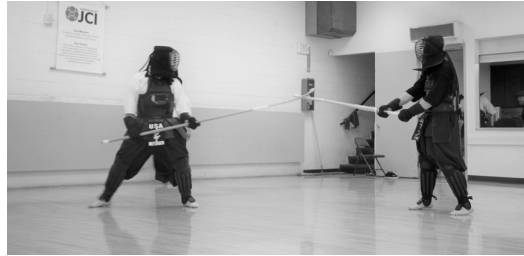
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A special thank you to our Matsuri Chairperson & GVJCI Board President, Ray Shibata and GVJCI Executive Director, Alison Kochiyama for their continued leadership, insight and support. Thank you to our Matsuri Committee members for your input, suggestions and hard work. Your combined effort and support made the Matsuri a success!

As a nonprofit community organization, this annual fundraising event is essential in order to support the operational, programming, overhead, and maintenance expenses of the GVJCI. We are able to continue to keep usage fees low for our community classes, and even waive fees for community youth organizations. Funding also supports our various cultural, educational, and social programs and services. On behalf of the GVJCI, we sincerely thank you all!



SILVER CORPORATE SPONSORS



BRONZE CORPORATE SPONSORS



MONETARY DONATIONS

- Aiko Muranaka
- Chartwell Travel Services, Inc.
- Ernest Terao, DDS
- F. K. Nursery, Inc.
- Jason Yamada, DDS MS
- June Murakami
- Law Office of John S. Torii
- O.T.Y., Inc.
- Pho Consomme
- Rage Hair Salon
- Sakura Ya
- Victor & Brian Mitsunaga & Sherry Gandee

RAFFLE DONORS

- Alison Kochiyama
- Amy Roper & Wallis Yamamoto, Wally Yonamine Pearl Co
- Anonymou
- Audrey Nakaoka
- Boy Scout Troop 683
- Cathy Lee
- Charlie & Carol Oyagi
- Christopher Gomez (Shibumi Restaurant)
- Country Touch
- Crenshaw Lumber
- Donna Awakuni
- Ernest Terao, DDS
- FIA Insurance (Mr. T. Manaka)
- Gardena Buffet and Grill
- Goya & Mayeda
- Optometry
- GVJCI Board
- Hazel Shimabuku
- Jean Inouye
- Ken Awakuni
- Kotohira Restaurant
- Kris Elliot of Craft Import Spirits
- Kubota Mortuary
- L&L Hawaiian BBQ
- Laura & Charlie Benson
- Leonard Kim - Cherrystones Restaurant
- Lomeli's Italian Restaurant
- Marie Callender's Gardena
- Mau Chicken Gardena
- Miyako Hybrid Hotel
- Nijiya Market
- Phiten Torrance Shop
- Rage Hair Salon
- Rascals Teriyaki

- Gardena
- Ray and Sharon Shibata
- Sadae Uwahori
- Sakae Sushi
- Sanrio Surprises
- Sea Empress Restaurant
- Shinsengumi Restaurant
- Sprouts Market
- Starbucks (Gardena)-Artesia
- The Loft Restaurant (North Torrance)
- Torrance Bakery
- Townsend Appliances
- Toyo Studios, Gary Miyatake
- Tracy Lee
- Turtle Beach
- Unique Plant Rentals
- Vons Market, Gardena
- Wayne Park, DDS

FOOD SUPPLY DONORS & DISCOUNTS

- Akiyama Tsukemono
- Calpis Company Ltd.
- George P. Johnson Company
- Martin Containers
- Miles Akiyama
- Mixer Ink
- Mutual Trading Company
- Sapporo U.S. A., Inc.
- Tanaka Farms
- Universal Waste

NURSERY DONORS

- ABC Nursery
- Certified Plant Growers
- C-Stars Nursery
- Elwood Nursery
- F.K. Nursery
- Garibaldi's Nursery

- H & H Nursery
- I.T. Nursery
- Larry Kawahara
- Lurline Ikeda
- Moneta Nursery
- O.T.Y., Inc.
- S.Y. Nursery
- Sunflower Farms
- T.Y. Nursery
- Unique Plant Rentals
- United Plant Growers

PERFORMERS

- Aloha Picking - Mel Ogata
- Bando Hidesomi
- Gardena JCI Kendo
- Gardena Judo Club
- Gardena Kendo Dojo
- GVJCI Line Dancing - Terri Slemmons & Jean Inouye
- GVJCI Zumba
- GVJCI Senior Hula & Ukulele - Harriet & Chika Nagata
- Halau Ke' Ala' O Na Lei Milo
- Kaizen Dojo
- Kanani Kalama Hula Studio
- Na Pua 'O Kapo
- Shotokan Karate
- Southern California Kyudo Renmei
- Southern California Naginata Federation
- Yuujuu Taiko

VOLUNTEER & MEMBER ORGANIZATIONS

- Aloha Picking - Mel Ogata

- Boy Scout Troop 242
- Boy Scout Troop 683
- Boy Scout Troop 719
- Faith United Methodist Church
- GameTrain Learning
- GVJCI Board
- GVJCI Interns
- GVJCI Japanese Language School
- Gardena Buddhist Church
- Gardena Evening Optimist
- Gardena JCI Kendo
- Gardena Judo Club
- Gardena Kendo Dojo
- Gardena Pioneer Project
- Gardena Valley Nisei Club
- Halau Ke' Ala' O Na Lei Milo
- Islander's Rod & Gun Club
- Kaizen Dojo
- Kokoro Yoga
- Mitzi Shimizu & GVJCI Ondo Class
- Na Pua 'O Kapo
- Nisei VFW
- Okinawa Association of America
- Sansei Baseball League
- Dennis Shinsato & Friends
- Shotokan Karate
- South Bay F.O.R.
- South Bay JAACL
- South Bay Shorinji Kempo
- South Bay Youth Basketball
- Southern California Kyudo Renmei

ADVENTURERS CLUB NEWS

By Tim Toyama

The next outing for the Adventurers Club is the BEGIN concert on September 1st, Sunday, 2pm to 4:30pm, at the Redondo Beach Performing Arts Center.

"Straight from Okinawa for their very first mainland US concert, BEGIN takes the stage at the Redondo Beach Performing Arts Center. This exclusive show is hosted by the Okinawa Association of America (OAA), which is celebrating its 110th Anniversary this year. BEGIN has been serenading fans for nearly 30 years with their iconic melodies about their beloved island home infusing blues with traditional Okinawan music elements. Their songs convey love for their island prefecture, a deep respect for the land and nature with fond memories of their childhood. Their music prominently features the sanshin, an Okinawan three-stringed banjo."

The Adventurers Club purchased 36 tickets at \$50 each (10% discount). These are the cheap seats, but the theater isn't large so these seats are fine. If you'd like to purchase tickets, please contact Tim Toyama as soon as possible, these tickets will go fast. The tickets will only be sold in pairs.

There are more expensive tickets (up to \$150 each) that can be purchased on the OAA website: <http://www.oaamensore.org/>

To purchase Adventurers Club tickets, or for more information, or if you'd like to be on the Adventurers Club email list, please contact Tim Toyama at: timtoyama@gmail.com, or 310-848-9890 phone and text.

The two upcoming tours to Hokkaido are Sold Out. The previous outings to Tananka Farms and "Mamma Mia" at East West Players were Sold Out. Here are a few photos.



KOKORO YOGA WITH GEORGE NISHITANI

What is Kokoro Yoga? What are the benefits? Kokoro Yoga is a Yoga class that is suitable for all ages and levels. It started as a concept from me who constantly had trouble or boredom of repetitive yoga, and changed that to a class that is "customized" to what the students want and is not the typical yoga class.

The class sequence is often changed depending on who attends or if there is something that the students wish to work on. Most importantly, ALL students do not have any pressure of doing postures that do not suit them.

There is a mixture of power yoga that is fitness and natural movements, as well as breathe-work and meditation. The class is for all ages and for all levels.

There is also a Yoga Fit class on Wednesdays that focuses on fitness with weights; weights are optional and we encourage everyone to bring their own weights since we have a limited number.

Q: Please give a short biography of yourself.
A: Six years ago, I was in a dark place, with health and many other things. I found this thing called yoga that allowed me to change that part to a positive side.

Q: Why should people attend your class?
A: Yoga is movement of how to relax and think, many of which revitalize the body itself. I encourage all to attend once, not because of the immediate yoga benefits, but to allow an open mind on and off the mat.

Classes are from 7pm to 8pm as follows:
Monday, Room 206 - Yoga
Wednesday, Room 201 - Yoga Fit
Friday, Room 201 -Yoga

George can be reached at 213-820-2836 or hgn12599@gmail.com.



Melissa F. Okabe

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Website: melissaokabe.com



BALLROOM DANCING

By David Hribar

The GVNC (Gardena Valley Nisei Club) was founded in 1958 by three Nisei fellows, Tom Mishima, Ray Fujimoto and Tom Miyawaki. It has been providing our members with regular monthly dance parties which promote the opportunity to socialize with other members or guests and to practice & enjoy International Style ballroom dances consisting of waltz, tango, slow-foxtrot, cha-cha, rumba, etc. Each monthly dance features a different theme to make the party interesting and exciting. April was "Hawaiian Night", May was "Japan Night", June dance was "China Night", and so on. Our monthly dances are held at the GVJCI from 7:00 pm to 10:30 pm on every 3rd Saturday. We serve light snacks & refreshment. Occasionally, we have beautiful dance performances by students or professional dancers as entertainment. The admission fee is \$11 per person for members and \$14 per person for non-members. The admission fees for the dinner dance parties will vary.

The GVJCI has been very supportive of our activities and mission for decades. We are very grateful to the GVJCI that it has been renting us the facility regularly and maintaining the floor perfectly for dancing. In return of its support for our activities, we donate some of the proceeds from our benefit dances in April & October to the GVJCI. We also support the GVJCI Matsuri fundraiser by selling tickets and working at a food booth.

A couple benefits of ballroom dancing are helping you keep physically fit and mentally active. Dancing foot patterns in time with the music is a very challenging, but good exercise for your brain. You will meet new people and may eventually become good friends with them. Join us at our monthly dances! We welcome anyone who is interested in the art of ballroom dancing and wants to have a wonderful time with us.

Note:
GVJCI Tomo No Kai's Ballroom Dancing meets on Fridays from 1 to 2:45 pm in the Main Hall led by David Shinjo.



LTSC BUSINESS CONSULTATION

FREE 30-60 minute small business consulting sessions with Mariko Lochridge on Tuesdays from 2-9 PM at the Little Tokyo Service Center office at Gardena Valley JCI. Mariko works with LA County based small business clients and entrepreneurs at all stages of development. Her areas of specialization range widely from business plan creation, community outreach to social media marketing. Please contact Mariko Lochridge at mlochridge@ltsc.org to schedule your free of charge appointment. You can also follow along for updates about upcoming workshops and incubator opportunities on social media @LASmallBizcubator.

TAIKO TIME!

WANT TO LEARN TO PLAY TAIKO? Taiko isn't just hitting a taiko drum. It's an emotional feeling that the whole body and mind can experience. It's an art form that combines music, dance, martial arts, athletics and culture. And IT'S FUN.

Taiko classes offered at the GVJCI on Sunday afternoons, starting at 12:00 noon, for basic beginner, beginner, intermediate and advance classes. Minimum age is 10 years. For further information, contact the instructor directly (Judi Kaminishi, Director of Yuujou Daiko) at JNKaminishi@gmail.com or check out our website www.yuujoudaiko.com. New 8-week taiko class, starting September 15!

NISEI WEEK SPECIAL!!!



FREE ELDER LAW SEMINARS



JUDD MATSUNAGA
Attorney at Law

- How to avoid Joint Tenancy "Pitfalls"
- Is my Living Trust and POA's updated?
- Estate Planning: Tips, Tricks, and Traps
- Save \$1,000 in Probate Fees and Estate Taxes
- Get Medi-Cal to pay for long-term care
- How to protect the family Home
- Have a peace of mind!!!

San Fernando Valley JACC 12953 Branford St. Sat., Aug. 24th 10 AM - 11:30 AM Arleta	San Gabriel JCC 5019 N. Encinita Thurs., Aug. 29th 10:30 AM - 12:00 PM Temple City	Gardena Valley JCI 1964 W. 162nd St. Sat., Aug. 31st 10:00 AM - 11:30 AM Gardena
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SEATING IS LIMITED
Call (800) 403-6078 for Reservations

NEW MEMORIES

By Dawn Kita

As Woody and Buzz in Toy Story remind us: Everyone needs a FRIEND! Friendship is that irresistible warmth that brings life to our memories. As the song goes, "You've got a friend in me." Does the JCI have a friend in you?

The JCI needs more than our warm memories to evolve and sustain itself. The JCI needs to be able to count on each of us as a FRIEND, at whatever level is comfortable to you:
www.jci-gardena.org/friends

Maybe you're like me:

- Born in So Cal, or only remember life in So Cal
- Fought with siblings over the pink (or the orange) manju from Sakuraya
- Grew up in the South Bay, grad of a local high schools (Go Tartars!)
- Younger than the JCI carnival (or maybe not). Summer starts with the JCI carnival, shave ice, yakisoba, dango and bingo!
- Recall the OLD Meiji Market on Redondo Beach Boulevard: the fish counter, the concrete floors, the magical Botan candy
- Remember the Fishman and his truck
- Ice cream cones at Clark's Drug were a dime
- Missing Saturday morning cartoons because of Japanese School

Back then, with five kids, my mom kept our activities close to home to get everyone to school, lessons and practices on time, and to Gardena once a week for Japanese school.

As an adult working in LA, I found myself intrigued and involved with the Little Tokyo institutions that really hit stride when I was in college and beyond - the JACCC/ Japan America (now Aratani) Theater, JANM, supporting Leadership Education for Asian Pacifics (LEAP), Cold Tofu, Little Tokyo Service Center.

Though working downtown, we kept our South Bay roots, and in raising our daughter, found ourselves back in Gardena at the JCI for Sansei Baseball meetings, the occasional hula practice, and of course, the annual carnival. And funny thing, as we got older, we found that the JCI has evolved, too.

What we thought was just the place for senior luncheons, judo/kendo/Boy Scouts has become so much more. Like a good friendship, the JCI is ever-evolving.

A friend got us involved with the development of the Bridge library on the second floor. The evolving library invited the creation of related programming: readings, activities, workshops. I realized, we don't have to go downtown, it's all here, folks.

There's still the Scouts, sports and senior activities, but there's so much more, right here, for everyone. Crafts, tech classes, exercise groups, health information, Manzanar Pilgrimage, casino runs, performances, and the list goes on. This is where we can do things with friends, activities that speak to our background as Nikkei, programs that challenge our creativity and intellect, events that celebrate the community ties that have nurtured the Japanese American community through challenges and setbacks. That's real friendship for you. Consider the value of this friendship with the GVJCI, and sign up. Invest a little in the memories made, and the memories to come. Stop by a book reading. Check out something at The Bridge. And I'll Jan-Ken-Po you for the pink manju!

To donate, please visit our website: www.jci-gardena.org/friends. The 2019 GVJCI Friends Campaign runs through September 30, 2019. We are 62% from reaching our goal of \$28,000 and need your support. Thank you in advance!

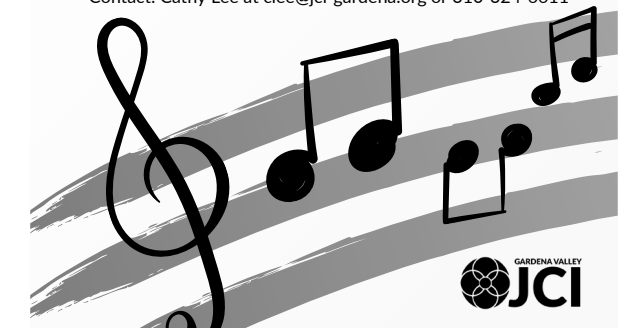
6TH ANNUAL ELEMENTAL FUNK CONCERT FUNDRAISER

Saturday, November 2

7pm to 11pm @ GVJCI

Join us for a night of **music, dancing, food & beverages!**

Contact: Cathy Lee at cllee@jci-gardena.org or 310-324-6611



2019 GVJCI SCHOLARSHIP RECIPIENTS

Congratulations to our four scholarship recipients who have great academic achievements, as well as, provided extensive volunteer hours to community work. We are very proud of you and wish you success in your college education!

GVJCI Gary Hori Memorial Scholarship

Joshua Matsuda, North High School graduate, will be attending UCLA

"As an Eagle Scout from Troop 719, I have been volunteering at the GVJCI for many years. The GVJCI has had a very large impact both on me and the Japanese American community as a whole, so I feel very honored to be receiving a JCI Scholarship." ~Joshua Matsuda



Gardena Valley Japanese Cultural Institute Scholarship

Justin Morimoto, South High School graduate, will be attending University of California, Riverside

"Receiving a scholarship from JCI means a lot to me as JCI has given me the opportunity to not only hang out with friends, but be able to connect with new people that I would perhaps not have gotten the chance to otherwise while simultaneously putting in community hours. I feel like receiving a scholarship not only recognizes the amount of work I've put in but also the bonds I've formed and strengthened." ~Justin Morimoto



Gardena Valley Japanese American Citizens League Scholarship

Jasper Lem, Palos Verdes Peninsula High School graduate, will be attending University of California, San Diego

"I am honored to receive any scholarship that I am awarded. However, the GVJCI scholarship has more significance to me because of my connection to the institute. I have been a member of the Gardena Judo Club since I was six years old, and a member of the Sansei Baseball League since I was eight years old. I also enjoyed the summer festival as there were games, food, shops, and, most importantly, a sense of community. I felt like I belonged to this family of closely-knit clubs, all of which have their own special talents. I am extremely proud to have received a scholarship from GVJCI, as it has been a major impact throughout my life." ~Jasper Lem

Gardena Valley Gardeners Association Legacy Scholarship

Shannon Shinozaki, North High School graduate, will be attending California Polytechnic State University, San Luis Obispo

"I am deeply grateful to be a recipient of the 2019 Gardena Valley Gardeners Association Legacy Scholarship award. GVJCI has never failed to provide for the local community and I am thankful to have been a part of it. Receiving this award from GVJCI is truly an honor. GVJCI has given me so many opportunities and experiences that I could not have had anywhere else and for that, I am forever grateful." ~Shannon Shinozaki



Front L-R: Shannon Shinozaki, Justin Morimoto, Jasper Lem, Joshua Matsuda; Back L-R: Alison Kochiyama, Executive Director, Charles Oyagi and Lawrence Hada, GVJCI Board of Directors

To make a donation to the GVJCI Scholarship Fund or for more information, please contact the GVJCI Office or visit our website (jci-gardena.org). The GVJCI awards annual scholarships to high school seniors, and GVJCI Japanese Language School graduates. Applicants must have been directly involved with the GVJCI or its member organizations that hold regular activity at the GVJCI. Emphasis is placed upon GVJCI and other community involvement, volunteerism and future goals. High school students must have a minimum of a 2.5 GPA and have post-secondary educational plans.

**GVJCI 2020
Calendar Fundraiser:
Ad Space Available for
Purchase**

Support the GVJCI and place an ad in the 2020 GVJCI Calendar! Promote your company/business or celebrate special events throughout the year to over 1,800 people and businesses!

Contact: Cathy Lee at clee@jci-gardena.org or 310-324-6611

continued from page 2
Southern California Naginata Federation
Tanoshii Fun Camp Counselors
Tomo No Kai
Union Bank
Yonsei Basketball
Yuujuu Taiko

CONGRATULATIONS 2019 MEGA MATSURI WINNERS!

Toshiba 49" Flat Screen TV: Terry
Legoland/Sealife/Waterpark 4 Tickets: Trent M.
Countertop Convection Oven: Jenny P.
Fit Bit Versa Smart Watch: Tim T.
Wally Yonamine Pearl Necklace: Shawn M.
Skullcandy Wireless Headphones: Ron I.
Dodgers 7/21 - 4 reserve level tickets + preferred parking: Sets F.
Dodgers 8/1 - 4 field level tickets + preferred parking: Yumi K.
Dodgers 8/11 - 4 reserve level tickets + preferred parking: Dane S.
Dodgers 8/20 - 4 field level tickets + preferred parking: Micah P.

LAUNCH OF SOUTH BAY NIKKEI DIRECTORY WEBSITE SBNIKKEICOLLAB.ORG

Article reprint courtesy of LTSC's Social Services Department and Through the Seasons newsletter, Summer 2019

We'd like to announce the launch of a bilingual South Bay Nikkei Directory website! This digital directory will be updated regularly and will be accessible to all.

The South Bay is home to the largest Japanese American and Japanese national populations (collectively called Nikkei) in the mainland United States. Numerous Nikkei groups, services and programs are concentrated in this area. However, since the South Bay Nikkei community is a unique community without a center, the community has been disconnected.

Beginning last year, ten Nikkei organizations representing both Japanese American and Japanese-speaking organizations started meeting to discuss how we can get to know each other better and collaborate. Those who came together identified a bilingual directory to gather information on various Nikkei groups active in the South Bay as the highest priority. As we gathered the information, we found out there are more than 100 non-profit organizations providing activities and services in the South Bay Nikkei community, and we reached out to each one. 50 organizations responded. They helped provide information to create this website which can be considered a virtual "hub" of the South Bay Nikkei community which we hope we will provide needed resources and linkages.

「サウスベイ日系団体録」の公開
バーチャルな中心へ

この度、サウスベイの日系団体録(ウェブサイト)が一般公開されました。この団体録は、日英バイリンガルで、ウェブサイト上で随時更新され、誰でも、どこからでも、簡単にアクセスできるものです。

サウスベイには、アメリカ本土で最大の日系アメリカ人と日本人(日系人と総称)が存在し、あらゆる日系団体・サービス・プログラムが最も集中していますが、「日系社会としての中心が存在せず、コミュニティとして繋がっていない」と言われてきました。その結果、日系同士お互いのことを知らず、また、どんなグループやプログラムが存在するのかわからず、長年にわたり蓄積された豊富な日系資源が日系社会内で有効活用されていないことがわかりました。

このことを受けて、昨年より、約10の日本語話者・英語話者の日系団体が定期的集まり、意見交換を始め、日系団体録の作成が始まりました。情報収集を開始したところ、サウスベイには100を超える非営利団体が何らかの日系を支える活動をしていることがわかりました。その団体全てに声掛けをし、約50の団体が情報提供に応じ、団体録初版の公開に至りました。

今まで中心が存在しなかったサウスベイの日系社会ですが、団体録の共有を通じてウェブサイト上で繋がるバーチャルな中心(核)の芽が出来上がりました。



Tomo No Kai Corner

Thank you to all of the Tomo No Kai members that supported the 2019 GVJCI Matsuri Fundraiser! From the ingredients prepping, spam frying to the White Elephant sales...we couldn't have done it without you!!

TNK membership is currently at **670 people!**

TNK Fundraisers: The next casino trip will be to Pala on July 27th

NEW CLASS!

Zumba Gold TNK Class

Ready, get set, go!

There are two new Zumba Gold classes! Zumba Gold is a total-body exercise program that uses dance movements and music for an energetic low-intensity aerobic workout; it builds strength and stamina; improves motion, flexibility and posture. It burns a lot of calories; and your brain gets a workout, too. And it's fun! Wear comfortable exercise clothes, and bring water.

When: Fridays from 1-2PM (also Wednesdays from 2:45-3:45PM)

Who: Taught by Genie Nakano and Tim Toyama

BENTO PROGRAM

New BENTO PROGRAM starting in August!

Japanese style healthy bento will be available for \$6!

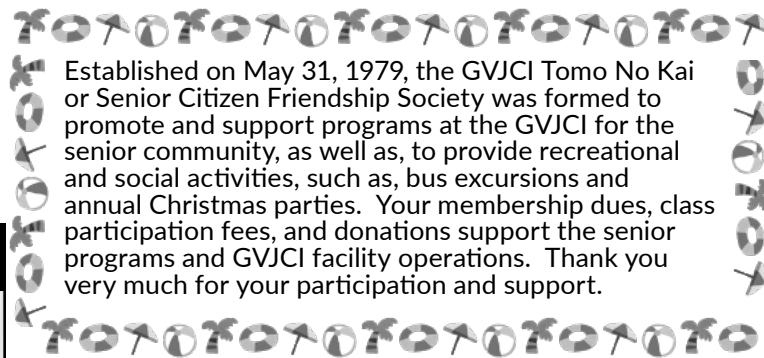
Please visit our website or campus for a weekly menu or simply call us at 310-324-6611 between 9am-12pm.

Thank you to Todd Matsuoka & Island Eats for providing us with yummy Bento for many, many months. We will miss you. Thank you!!!!

NEW TOMO-NO-KAI TECHNOLOGY TIME!

Let our helpful volunteers help you navigate your mobile devices like your smartphone, tablet or laptop! Starting in August 2019. Tuesdays/Wednesdays 11am-12pm in Room #204.

*Must be a current 2019 Tomo no Kai member. This Program is FREE.



Established on May 31, 1979, the GVJCI Tomo No Kai or Senior Citizen Friendship Society was formed to promote and support programs at the GVJCI for the senior community, as well as, to provide recreational and social activities, such as, bus excursions and annual Christmas parties. Your membership dues, class participation fees, and donations support the senior programs and GVJCI facility operations. Thank you very much for your participation and support.

SMARTPHONE/TABLET CLASS

Aug 6th to Sep 10th, Tues 10AM to 11AM
\$10 per class or \$50 for the whole series, paid in advance.

Week 1 - Aug 6

Components, Symbols

Settings - display, volume/sounds, etc.

Week 2 - Aug 13

Adding contacts

Phone calls, Text messages, Email

Using the camera

Week 3 - Aug 20

Apps - Already installed & Adding New Apps

**Please bring your Apple App Store or Google Play passwords

Week 4 - Aug 27

Apps - Useful Emergency Apps

Week 5 - Sep 3

Wi-Fi/Data Usage/Storage

Week 6 - Sep 10

Questions & Answers

JAPANESE LANGUAGE SCHOOL

By Lawrence Hada, Principal

The GVJCI Japanese Language School concluded its 2018-2019 school year with our Promotion and Graduation Ceremony on June 22. I thank the students, parents, and teachers for their dedication and assistance in helping to make it another successful year. As always, I wish to especially thank Alison Kochiyama and the GVJCI staff for all their support and guidance.

I congratulate the promoting students, especially this year's Graduation Class. The Graduation Class consisted of 10 students: Julia Midori Butler, Leila Tani Butler, Jason Kazuki Chau, Lia Kagari Inouye, Makani Misaki Kane, Riley Keisuke Maki, Alexa Mihara, Toshi Mihara, Layla Riddle, and Cora Ai Uchida. I hope they will look back at their experiences with fondness and continue to polish their Japanese language skills in the future.



On a sad note, Atsuko Fukuda Sensei, who has taught for two years, Aimee Shimizu Sensei, who has taught for one year, and Atsuko Vorreiter



Sensei, who has served the school for 17 years and was the Vice Principal, will not be returning for our upcoming school year. Atsuko Vorreiter Sensei has always put the needs of the school and the students before herself. As Vice Principal, she always encouraged me with kind words. We always collaborated on all matters and I truly relied on her advice and guidance. I owe her deeply for welcoming me as the Principal when I first started, as well as the advice and guidance she has given me all these years. Though I will miss them all, I will treasure their friendship forever. Returning next year will be Masumi Sasaki Sensei, who will serve as Vice Principal, Chiaki Suzuki Sensei, Mayumi Fuchino Sensei, and Eriko Yamamoto Sensei, who teaches the Adult Class.

On August 10, we will be conducting an Orientation/Pre-Registration to assist new and returning student enrollment, and on September 7, we will begin the new school year. For further information, please contact the GVJCI office or e-mail lhada@jci-gardena.org.

As a youth attending Japanese School, I remember hearing the words *arigatasa* (thankfulness), *kansha* (gratitude), *magokoro* (sincerity), and *gambarimasu* (I will continue to do my best), but I was also fortunate to have seen the meaning of these words in action through the deeds of my Issei and Nisei elders. I saw a depth and feeling in these words that could not easily be translated into English, and I recognized the need to learn Japanese more in depth in order to understand and appreciate the culture fully. These words represent the values and spirit they possessed and wanted to pass on to us with all their sincerity (*magokoro*). In doing so, they created centers like the GVJCI, which supported Japanese language schools promoting better understanding of the Japanese culture and creating "*kokeisha*" (future successors) to help pass it on. I am indebted to them for their community spirit and am very proud to be associated, in even a small way, with the mission that they established.

The Trusted Choice for In-Home Care



Home Care Assistance is proud to have partnered with Millennia Personal Care Services to bring customized home care to the Japanese Community.

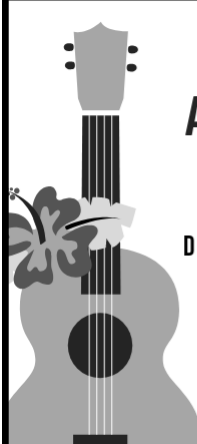
Call us today! 日本語でどうぞ!

ケアギバー募集! 未経験者歓迎!

各医療保険、年金など福利厚生が充実

888-285-4913

HomeCareAssistance.com/Millennia



**GVJCI FUNDRAISER AT
ALOHA PIZZA AND SHAVE
ICE COMPANY**

DATE: 8/13, TUESDAY, 10AM - 9PM

SUPPORT THE GVJCI BY ENJOYING DELICIOUS
PIZZA & SHAVE ICE!
ALL PROCEEDS BENEFIT THE GVJCI

*5th Annual GVJCI Kansha
Craft Show Fundraiser*

DATE: 9/29, SUNDAY, 9AM - 2PM
LOCATION: GVJCI

SHOW KANSHA (GRATITUDE) FOR YOUR FRIENDS
AND FAMILY THROUGH UNIQUE, HANDMADE GIFTS
FROM OUR COMMUNITY ORIENTED CRAFT SHOW!
CRAFTERS ARE INVITED TO SUBMIT!

CONTACT: CATHY LEE AT
CLEE@JCI-GARDENA.ORG OR
310-324-6611



Gardena Valley JCI CALENDAR

AUG

SUMMER HAT WORKSHOP!/夏の帽子作りのクラス

Thurs, Aug 8, 10-11AM
GVJCI Nisei Veterans Memorial Hall
Come join us for a fun DIY hat-decorating class with shells, buttons, ribbons, laces, etc. Plain hats & accessorizing materials are provided. Bring a glue gun & glue sticks if you can. *Reserved for Adults 50 years old and above only. Workshop has limited space.

夏にぴったりの帽子を作りませんか。貝、ボタン、リボン、レースなどで飾りをつけましょう。帽子と飾りつけの材料はこちらで準備します。もしお持ちでしたら、グルーガンとのりをご持参ください。

*50歳以上の方のみが参加出来ます。

Please RSVP to 310-324-6611 or info@jci-gardena.org. Free admission. 無料、ご予約が必要です。このクラスは人数制限があります。Tel : (310) 324-6611
Eメール: info@jci-gardena.org

ALZHEIMER'S LA KEEPING YOUR BRAIN HEALTHY

Fri, Aug 9, 10-11:30AM
GVJCI Classroom 207/208
Did you know that your brain is an organ? Learn what we can do now to keep our memory strong as we age - including nutritional tips, how to keep active & ways to challenge your brain. This session includes several interactive brain games. Free admission. Please RSVP at 310-324-6611 or info@jci-gardena.org

KEIRO VITALITY FORUM SUN SAFETY & HYDRATION

Fri, Aug 16, 10-11AM
GVJCI Classroom 207/208
Ever wondered how much water you should drink throughout the day? What can you do to enjoy the outdoors this summer? Learn more in this Sun Safety and Hydration workshop forvaluable tips on protecting yourself during the hot summer months. Free admission. Please

RSVP at 310-324-6611 or info@jci-gardena.org

JAPAN AMERICA SOCIETY SPEED MENTORING & NETWORKING

Wed, Aug 21, 6-9PM
GVJCI Nisei Veterans Memorial Hall
Join the Japan America Society of Southern California's Speed Mentoring and Networking Reception co-presented by Women's Leadership Counts and Young Professionals committees! Meet and learn from seasoned JAS and National Association of Women Business Owners-Los Angeles (NAWBOLA) members representing various industries, and enjoy food, drinks, and make new friends! Men and women of all career stages are welcome to attend.

Admission:
JAS Members and Cooperating Organizations: \$15 per person (incl. refreshments)
Non-Members: \$20 per person (incl. refreshments)
Space is limited. Reservations are required for this event.

SHADOWS FOR PEACE

Sat, Aug 24, 2-4PM
GVJCI Nisei Veterans Memorial Hall
"Shadows For Peace: The Hiroshima & Nagasaki Experience" is a speaker forum series to help the remaining Hibakusha (Bomb affected people) share their stories of survival, compassion and their hope for all of us, that there are no more "bomb affected people" in this world. These also include edited segments of survivor testimonial and historical footage, as well as a moderated Q&A panel for public interaction.

Admission is free but donations are appreciated. Please RSVP online through our website, or email/call us.

SEPT

FLO'S BUS FILM SCREENING

Sun, Sept 8, 12-1PM
GVJCI Nisei Veterans Memorial Hall
Come join us for a screening of *Flo's Bus*, a short film detailing the story of Flo Matsuda and her bus trips to Las Vegas! "For over 15 years, 77-year-old Flo Matsuda has organized quarterly bus trips from Los Angeles to Las Vegas for her large group of Hawaii-born, Japanese-American, gambling buddies. But it's not just any old bus ride. Once they hit the highway, these seniors sing and play Hawaiian music, dance hula, share food they've prepared, and more. These excursions have bonded them like a family as Flo's Bus has become a cherished ritual. What they don't realize is that this particular outing may be Flo's last." Come out for this bittersweet short film followed by a Q&A session with filmmaker Dean Ishida and Flo Matsuda herself.

Free admission, donations appreciated. Please RSVP online through our website, emailing, or calling us.

JEWELRY RECYCLING WORKSHOP!/リサイクル・ジュエリーづくりのクラス

Thurs, Sept 12, 10-11AM
GVJCI Classroom 207/208
Do you have broken necklaces or loose beads lying around the house? Bring them to this Jewelry Recycling class & remake them into new jewelry! We will be using jewelry cutter & pliers. *Reserved for Adults 50 years old and above only. Workshop has limited space.

ご自宅に壊れたネックレスや余ったビーズはありませんか? イヤリング・ブレスレットやネックレスに新しく生まれ変わらせましょう! ジュエリーカッターとペンチを使います。*50歳以上の方のみが参加出来ます。

Please RSVP to 310-324-6611 OR info@jci-gardena.org. Free admission. 無料、ご予約が必要です。このクラスは人数制限があります。Tel : (310) 324-6611
Eメール: info@jci-gardena.org

ALZHEIMER'S LA BEHAVIORS & ALZHEIMER'S DISEASE- ARE THEY DOING THAT TO ANNOY US?

Fri, Sept 13, 10-11:30AM
GVJCI Classroom 207/208
A class for family members who are seeing changes in behaviors due to dementia, that are difficult to understand. Using the IDEA! strategy, this program aims to help individuals explore why behaviors happen, their meaning & practical tips to respond.

Free admission. Please RSVP at 310-324-6611 or info@jci-gardena.org.

PAAWWW REUNION

Sat, Sept 21, 2-4PM
GVJCI Nisei Veterans Memorial Hall
Join us for a provocative program featuring former members of a women writers group called Pacific Asian American Women Writers West, otherwise known as "PAAWWW." PAAWWW began in 1976 with the goal of providing support to Asian American women writers. Its atmosphere of mutual respect attracted some of the most talented Asian American women writers in the Los Angeles area, including Joyce Nako, Naomi Hirahara, Akemi Kikumura Yano, Amy Uyematsu, Jude Narita, Velina Hasu Houston, Diane Ujjiye, Miya Iwataki, and many others. This fascinating program will include readings and a Q&A session.

Free admission, donations appreciated. Please RSVP online through our website, or email/call us.

KEIRO VITALITY FORUM JAPANESE AMERICAN HEALTH

Fri, Sept 27, 10-11AM
GVJCI Classroom 207/208
Learn more about the chronic health conditions among Japanese Americans of yesterday, today, and tomorrow.

Free admission. Please RSVP at 310-324-6611 or info@jci-gardena.org.

THE LAST DOJO FILM SCREENING

Sat, Sept 28, 2-3:30PM
GVJCI Nisei Veterans Memorial Hall
The Last Dojo is a love letter from director William Christopher Ford ("Karate Kid 3", Masters Hall of Fame) to Shihan Fumio Demura ("Karate Kid", "The Real Miyagi") and his legendary dojo. Experience the emotions of one of karate's great masters as he shares the deeper meaning of martial arts and reminisces about his beloved dojo for the last time.

GVJCI 5TH ANNUAL KANSHA CRAFT SHOW FUNDRAISER

Sun, Sept 29, 9-2PM
GVJCI Campus
Show kansha (gratitude) for your friends and family through unique, handmade gifts from our community oriented craft show!

Crafters are invited to submit! For more information, please contact Cathy Lee at clee@jci-gardena.org or (310) 324-6611.

OCT

ALZHEIMER'S LA-HOLIDAY TIPS FOR CAREGIVERS

Fri, Oct 11, 10-11:30AM
GVJCI Classroom Rm 207/208
The holidays can be a stressful time for families with a member with Alzheimer's or dementia. Learn about things you can do in advance to prepare for gatherings & provide a meaningful, enriching time for you, the person with dementia & your family.

Free admission. Please RSVP at 310-324-6611 or info@jci-gardena.org.

EMERGENCY PREP FAIR

Sat, Oct 12, 10-1PM
GVJCI Nisei Veterans Memorial Hall
Learn what you need to prep for an emergency situation! Come join us with TRI-CITY CERT where you can learn your what to dos for emergencies, learn how to turn your gas and water off, try out "disaster soup", learn how to make an emergency go bags, and much more!

KEIRO VITALITY FORUM NUTRITION & HEALTHY EATING/栄養・健康的な食生活

Fri, Oct 18, 10-11AM
GVJCI Classroom 207/208
健康的な生活習慣を維持するために、健康的な食生活を築く方法を学びます。無料、寄付歓迎、ご予約が必要です。Tel: (310) 324-6611 Eメール: info@jci-gardena.org

*This program is conducted in Japanese.

GVJCI 3RD ANNUAL ART SHOW

Sat, Oct 26 & Sun, Oct 27 10-6PM, 10-4PM
GVJCI Nisei Veterans Memorial Hall
Join us for our annual art show! This year's theme will be Japanese/Japanese American food. Whether it's your favorite home cooked meal or a special holiday treat, we all have something that we hold near and dear to our hearts. Artists will display their art pieces of different mediums for our two-day art show.

Save the Date!

OYSTERS, BITES, & BIIRU

-GVJCI Inaugural Signature Event Fundraiser-

FRIDAY, SEPT 20TH

Oysters | Light Bites | Craft Beer | Entertainment

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