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Email: info@jci-gardena.org Website: jci-gardena.org

@GVJCI

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To visit the GVJCI website. scan the QR code using your phone camera!

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OR CURRENT OCCUPANT

GARDENA VALLEY JAPANESE CULTURAL INSTITUTE

The Gardena Valley Japanese Cultural Institute (GVJCI) is a 501(c)(3) non-profit community center providing various classes, programs, services, and facilities to the South Bay area. We also provide affordable housing through the JCI Gardens Apartments, the adjacent senior housing property.

The GVJCI's roots date back to 1912, when it was known as the Moneta Gakuen, a Japanese language school. In 1967, it was formally incorporated as the Gardena Valley Japanese Language School. Then, in 1968, the corporation changed its name to the Gardena Valley Japanese Cultural Institute to incorporate the broader services and functions the organization offers. In 1971, Compton Gakuen, Gardena Gakuen, and Moneta Gakuen merged, opening its doors officially as the GVJCl's Japanese Language School. The GVJCl has a very proud history spanning over 100 years.

Today, we continue to provide a variety of activities, programs, and services. We are truly fortunate to have an active and well-utilized center serving people of all ages. We thank you, the community, for your active participation and for your support through donations and volunteerism that enables the GVJCI to continue.

MISSION STATEMENT

A space to engage, share, and embrace the Nikkei experience and culture.

Directors

Charles Oyagi

Glenn Tachibana

Terry Terauchi

Paul Koshi

VISION STATEMENT

The GVJCI envisions a vibrant network and a welcoming space for all persons interested in Japanese heritage and culture where history and tradition are honored, people are inspired to create action and change, and cultural pride and respect for all humanity are promoted.

Board of Directors

Richard Ames, President Alvin Takamori, Vice President Juan Hernandez, Treasurer Marilyn Tsuge, Secretary Miles Akiyama Gail Doi Lawrence Hada Michelle Hirano Alan Kita Grant Nakaoka Kerilyn Sato

Rav Shibata

Taylor Weik

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Bob Seki, Maintenance Custodian Bryan Tamura, Maintenance Custodian Gary Fujikawa, Facility Assistant Alvin Takamori, Facility Assistant

Japanese Language School

Lawrence Hada, Principal Masumi Sasaki, Vice Principal & Teacher Mayumi Fuchino, Teacher Asaka Morita, Teacher Chiaki Suzuki, Teacher Naoko Tran Teacher Aki Izumi, Adult Class & Conversation Class Teacher

JCI QUARTERLY Newsletter of the Gardena Valley Japanese Cultural Institute

HAPPY NEW YEAR 2023!



The Gardena Valley Japanese Cultural Institute (GVJCI) Staff and Board send you Happy New Year wishes for 2023! Akemashite omedetou gozaimasu! 2023, the Year of the Rabbit, is said to bring peace and calmness, which our world desperately needs. We hope that all of us can find ways to bring healing and self-care into our lives so that we can be as resilient as possible with all that comes our way. Our thoughts continue to be with all of you as we progress through challenging times.

2022 was a transitional year for everyone. GVJCI started up our onsite programs and classes once again. We were grateful to see our GVJCI friends and activities back within our buildings. We even held a GVJCI Matsuri Bento-To-Go Fundraiser in June 2022, in which many of you generously supported us through donations, 1.200 bento purchases, and plant sales. Our Senior Food Distribution after three vears sadly came to an end in September as the LA Food Bank's funding ended. We continue to find new ways to support our seniors, and we thank those who donated to this program enabling us to purchase Japanese goods to enhance the food donations. We held our onsite TANOSHII Fun Camp in the summer after being virtual for two years. Our campus was filled with children's voices and laughter while making bonsai, animal bento, and learning about mottainai, sustainability, and more! For the building needs, among other ongoing repairs within our campus, we were able to replace some of our exterior doors that were beyond repair, painted the classroom, and deep-cleaned, polished and coated our classroom and Bridge floors.

All of this, as well as other programs, activities, services, and events could not have happened without the support you gave us through our fundraising efforts, volunteerism, and participation in our programs. We truly couldn't have carried out our work to serve the community without your kind support and generosity...doumo arigatou gozaimasu. We look forward to working with you again in 2023!

With sincere kansha, Alison Kochiyama, Executive Director









THANK YOU TO OUR 2022 SUPPORTERS!

GVJCI's 2022 supporters through grants and donations received between January 1, 2022 and December 31, 2022 (If we inadvertently missed any names, please let our office know.) Please see symbol key on page 10!

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\$25,000+

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Santa Monica Nikkei Hall Fund 🦠 Tanaka Family Foundation \

\$1.000 - \$4.999 AHTKY Insurance Agency *** * Anonymous

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FIA Insurance **** Fuiii. Raymond 🤎 Hirano Homes 🖑 👈 Hoops for Friends **\equiv** Horii, Brian & Thea 🌟 lizuka, Melvin & Pearl 💚 Inadomi, Donald & Kim 🆠 Kimura, Joyce S. 💚

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Gardena Valley JCI News continued from page 3

EAGLE SCOUT PROJECTS

By Lyndon Meighan, Community Engagement & Facility Manager



I also would like to acknowledge BSA troop 683 Eagle Scout candidates, supported by their fellow scouts and family, for completing three projects in 2022.

The first project was led by Matthew Nakano. He completed three raised planters in our garden pathway for the Seniors at the JCI Gardens Apartments. The second project was led by Tyler Nakano. He completed three mobile chair stackers for the GVJCI halls. The third project was led by Evan Kishaba. He completed a privacy screen for the GVJCI east gate.

These young men donated their time and talent to improve our community. GVJCI thanks them for the beautiful work they completed

and we wish them success in their journey in life.



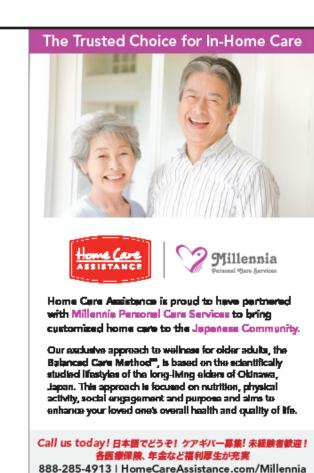


STAFF UPDATE



As we start the New Year let us welcome Gary Fujikawa to our facility staff. Gary has lived in the South Bay all his life and is familiar with the GVJCI mission. In his spare time, he enjoys reading and listening to country and rock n roll music. One of his favorite tunes is "Humble & Kind" by Tim McGraw. We are excited to have Gary as part of the GVJCI Family!





The Japanese Community's Premier Provider of In-Home Senior Care

Continued from page 8

Padilla, Armando & Darlene **
Pratesa, Cheryl **
Pulliam, Shirley **
Quon, Jimmy & Tokita, Lori **
Roper, Theodore **
Sakamoto, Michiko **
Sales, Efren & Dolores Doll-Sales

Sasaki, Sherry 🍡 Seino, Diana 🌼 Seo, Becky A. ** Shigemura, Wendy 🐒 Shimizu, Jason & Teri 🎡 Shinagawa, Bessie 🏰 Shoho, Lance and Mimi Smith, Michiko 🏰 Sugai, Doris 🏰 Sugita, Laurie 🦠 Sugita, Wayne K. 🍁 Takahashi, Naomi 🌟 Takaki, Susann 🏰 Tanaka, Christine K. Tanaka, Shirley 🏰 Tanigawa, Linda & Clifford N. ** Tanouye, Diane 🌼 Tanouye, Ruth 🌟 Tokumaru, Janet 🍡 Torii, Frances 🏩 Toyooka, Akiko & Henry 🍁 Tsuchimori, James ** Tsuge, Marilyn & Mike 🐡 🍡 Vorreiter, Atsuko Wagner, Kristi & Richard 🎡 Watanabe, Joyce S. 🔩 Watanabe, Stanley & Bonnie 🤎 Watanabe, Sumiko (Sue) 😤 🍡 Willoughby, Aileen Kitaoka 🏰 Yan, Pam Momoko 🏰 🦠 Yanagita, Lilly 🌯 Yokoyama, Masaru & Mitsue 🏰 Yoon, Kelly & Judy **

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Yoshinaga, B. 🌟

Zampol, Jane 🌼

Yoshioka, Millie 🏰

In Memory of Brian Mitsunaga Mitsunaga, Brian T. Memorial Fund

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Trinidad, Ronaele 🤎

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In Memory of Elsie Tokuhara Anonymous **

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In Honor of Judi Dennehy Dennehy, Kristine

In Memory of James Ego Ego, Kimiko

In Memory of Bob Matsubayashi Shimabuku. Hazel ♥

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In Memory of May Yuriko Takenaka Suwa Schoem, Esther & Mark

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KEY

Toji, Staci

Torrance Bakery

- Events: DOR, Signature Event, Art Show
- * Fundraisers: Matsuri, Raffle
- Facility Operation
- Friends of GVJCI
- General
- Programs: Seniors, Bento Buddies, Family, Youth, JLS
- Scholarships
- Sponsors: Fundraisers, Events & Programs
- Grants
- **†** Corporate Matching Gifts

YOUR JAPANESE HOME CARE PROVIDER



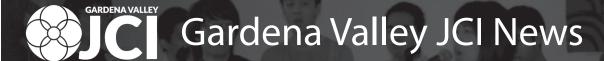
carelife

Caregivers can assist with:

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Doctor of Physical Therapy(DPT) on staff

310.373.6030 carelifeinc.com facebook.com/CarelifeHomeCare



NEW BOARD PRESIDENT GREETINGS AND UPDATES



Akemashite omedetou gozaimasu!

My name is Richard Ames and I am humbled to be elected President to serve on the Board of Directors for the GVJCI. I wish to thank my predecessor Alan Kita for his dedication and leadership for the last 2 years. I have much to learn and feel fortunate to serve with so many great people who represent the Board, JCI staff and volunteers that make it happen. I also want to Hōkoku the following officer changes. Alvin Takamori has been elected Vice President. Marilyn Tsuge replaced Juan Hernandez as Secretary, and Juan Hernandez replaced Ray Shibata as Treasurer. Bryce Ikemura, Gokurosama desu. Thank you for making a difference, we wish you well on your future endeavors. Juan and Ray, Otsukaresama for efficiently managing your posts the last 2 years and Otagai issho ni Gambarimashou to Alvin, Marilyn and Juan in their new posts! We have much to look forward to.

Looking over our shoulders into 2021 & 2022, we saw years of challenges that had tested all of us in ways we never thought could imagine. Behind the leadership of Alison Kochiyama and her dedicated team, the Gardena Valley JCI effectively navigated through those challenges to be present for our communities, member orgs and small businesses we represent. It was made possible by the

caring hearts of our community who volunteered time and resources to our mission, enabling us to continue providing "a space to engage, share, and embrace the Nikkei experience and culture". This collaboration is definitely a representation of "the Japanese Way." Thank you for your years of partnership and support. May the year of the Rabbit bring new hope (Kibo), good health (Kenkou) and happiness (Yorokobi) to all.

Korekara dozo yoroshiku onegaishimasu!

Richard Ames, President, Board of Directors

APRIL DEADLINE FOR 2023 GVJCI YOUTH SCHOLARSHIPS

The GVJCI will be awarding scholarships to 2023 South Bay high school seniors. GVJCI Japanese Language School graduates who may live outside of the South Bay area will also be considered. All applicants must have been directly involved with the GVJCI or its member organizations that hold regular activity at the GVJCI. Emphasis is placed upon GVJCI and other community involvement, volunteerism and future goals. High school students must have a minimum of a 2.5 GPA and have post-secondary educational plans.

This year, through a generous donation, we are announcing the Brian Takeo Mitsunaga Memorial Scholarship Fund, a new scholarship available to college and graduate school students. College and graduate students must have been involved with the GVJCI in some capacity, and are currently enrolled in an undergraduate or graduate program.

Applications are available on our website: jci-gardena.org. Submission deadline is April 3, 2023, and award recognitions will be made in June 2023.

Scholarships available: Gary Hori Memorial Scholarship, Gardena Valley JACL Scholarship, Gardena Valley Gardeners Association Legacy Scholarship, Brian Takeo Mitsunaga Memorial Scholarship, and other GVJCI scholarships.

To make a donation to the GVJCI Scholarship Fund or for more information, please contact the GVJCI Office or visit our website at jci-gardena.org.

FACILITY UPDATE

By Lyndon Meighan, Community Engagement & Facility Manager

December was very productive. With the installation of new doors and painting of the classrooms, it was a very exciting month. Once again GVJCI volunteers stepped up and donated their time to help. Being a volunteer in my book is a very special characteristic. You are sharing your time. Time is a priceless commodity.

I would like to acknowledge those who volunteered their time to help paint the classrooms. Thank you, Dan Morimizu, David Endo, Carrie Lew, Karen Hara, Ken Kawamura, Carol Hirata, Philip Gannam, Wayne Nakatsu, Donna Sanada, Loryce Hashimoto, Glenn Sanada, Nathlyn Hirohama, and Kacey Ebara. And thank you to Larry Hada of Gardena JCI Kendo who assembled all the new desks for the classrooms. We appreciate their time and commitment to the GVJCI. THANK YOU!



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BECOME A GVJCI BENTO BUDDY & HELP FEED OUR SENIORS!

We cannot thank you all enough for your contributions to GVJCl's programs, but especially to our Senior Bento Program.

Since relaunching our Senior Bento program in May 2022, we have provided over 1500 bento meals. Currently, our bento program serves approximately 120-140 bentos every week for seniors 60 years and older. As we look forward to the new year, we are asking for your help in subsidizing the cost of bento lunches for our senior participants. GVJCI hopes to continue charging only \$7 per bento to our seniors (GVJCI absorbs the other half), but we can only continue to do this with your support.

1. DONATE

2. GVJCI BUYS BENTO FROM A LOCAL SMALL BUSINESS



3. SENIORS PAY FOR **BENTO FOR \$7**



SCAN WITH YOUR **PHONE TO** DONATE!

By donating to our Bento Buddies program, you can help lower the cost of a senior's bento by 50%. Recurring monthly donations help us tremendously with the consistent high demand for affordable senior bento meals. Anything from a single donation to ongoing monthly donations makes a huge

That means a \$14 bento will only cost a senior \$7!

To donate online, scan the QR code to the right! From here, you can select recurring monthly donations. For check donations, please make it payable to GVJCI. Thank you for your support!







Thinking of donating your car to charity? Now you can, and at the same time, support GVJCI! We have teamed up with Harold's Car Donation Service.

HOW IT WORKS:

- 1. Call or email us to arrange pickup at (310) 324-6611 or cars@jci-gardena.org.
- 2. Harold's Car Donation Service (HCDS) will arrange towing, always free of charge to you. (Disabled Vehicles, Junk Cars, Scrap Cars and Wrecks also accepted.)
- 3. HCDS handles all DMV paperwork at time of pickup, including Release of Liability.
- 4. After the car is sold, your acknowledgement and tax forms will arrive by mail.
- 5. You get rid of an unwanted car and get the satisfaction of helping others. You also get an IRS approved tax deduction. Yay!





Insurance program for members of Gardena Valley Japanese Cultural Institute.

Our partnership with MAPFRE Insurance offers important auto coverages like comprehensive and collision deductible options and of course a multitude of discounts including multi-policy discounts up to 20%. As part of your MAPFRE Insurance auto policy you also receive a complimentary membership to Road America's Roadside Assistance service.

Please contact one of the agencies below to get your auto quote today!

COSTA MESA Miyazaki Insurance Services (714) 979-8700

GARDENA AHTKY Insurance Agency (310) 516-0110 Nakamura Insurance Agency (310) 327-0717

HUNTINGTON BEACH Mizuno Insurance Agency (714) 964-7227

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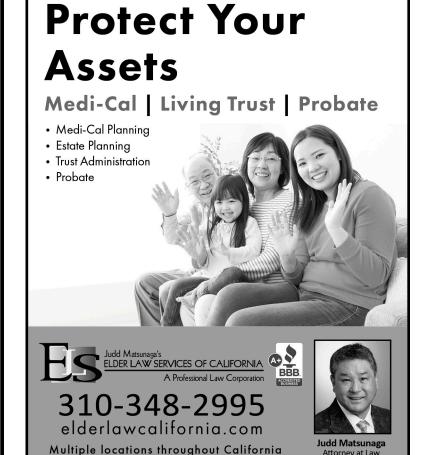


** Insert any legal disclosures i.e. underwritten by CWIC etc.



IS COMING TO AN END

We are sad to announce that AmazonSmile is coming to a close. The last qualifying day to purchase through AmazonSmile and help the GVJCI is February 20, 2023. Thank you to everyone who supported GVJCI on AmazonSmile all these years. We always greatly appreciated your contributions to our organization!



Matsumoto, Debbie 🏰 Matsumoto, Sachi 🦫

Matsushima, Paul & Monica 🏰 Matsushima, Teresa & Robert

Mayeda, Melvin & Christine 🖐 Mayemura, Louise 🌟 Mayemura, Robin

Mayewaki, Gerald 🦫 Mena, Gilbert & Jeanette 🏰

Miceli, Kathy 🍁 Mikami, Shirley 🤎

Minami, Seiko 🏰 Mita, Robert T. 🤎 Mitani, Dave 🐈 🤎

Mito, Alice 🏩 Miyasato, James & Jane 🏩

Mochizuki, Gilbert 🎡 Monji, Tina

Mori, Brenton 🤎 Mori, Catherine 💚 Mori, Richard & Patricia

Morioka, Dennis & Velda 🦫 Morishige, Jim 🦫 Morishita, Gary 🏰

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Murakami, Charles & Merle 🌟 Murakami, June & Kameki 🖐 Muramoto, Mary I. 🖐

Naka, Ben 🎇 Nakada, Hisashi 🏩

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Nohara, Dorothy 🎎 Nomura, Jon & Kathy 🏰 Noone, Terry 🏰

Oda Omori, Susan 🦠 Oda, Dwight 🦠 Oest. Yoshiko 🦠

Ogawa, Masao & Amy A. 🏰 Okamoto Family, Ben 🎡

Okamoto, Harris & Kathleen 🎡 Orange, Lester Ann 🏰

Osaka-Rivera, Liz 🐡 🦠 Oshima, Nicole 🆠

Oshiro, Betty 🖖 Ota, Odiene & Katsumi 🌯

Otani, Keiko 🦠 Otani, Naomi 🎎

Oyagi, Charlie & Carol 🏰 Oyama, Jane & Wendell * Pimco Foundation ******

Roper, Chikako 🌟 Sagawa, Nancy 🎇

Saito, Bruce 🍡 Saito, Doreen 🦠

Saito, Doyle & Gayle 🍁 Sakamoto, Eileen & Roy 💚

Sakamoto, Louise Sakamoto Sugano, Naomi 🔩 Sakauye, Greg & Fusako 🦫 Sasaki, Jennifer E. 🌟 Sato, Valerie & Terry ** Scharer, Susan 💚 Segawa, James & Yuriko 🦠

Shibata, Hiroshi 🍁

Shimamoto, Irene & Ken 🦫 Shimatsu, Jane 📸 🖖 Shimizu, Amy S. & Jeffery L. 🖐 Shimizu, Spencer S. & Dawn 🐩

Shiotani, Lori 👭 🍡 Shiroma, Joseph & Lilly *** Shishido, Shirley 🏰 Shoji, Dwayne 🏰 Soderburg, Erik & Wendy 🖤

Soga, Glenn 🦫 Stinson, Everett & Kathleen 🏰

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Tachibana, Glenn & Gladys 🎡 Tagami, Jean &

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Takamori, Gilbert 🏩 Takano, Jeanne 💚 🦠 Takata, Yuki & Sam 🏰 Tokishi, Patsy & Willie ** Tokudomi, Kathy 🌯 Tokudomi, Victoria 🖐 Tamura, Richard 🏩 Tanaka, Kouichi & Grace 🦫

Tang, Judy 🏰 Taniguchi, Pat 🌼 🖖 Tanimoto, Kaoru & Yorinobu

*** ***** Tarumoto Paul & Margie 🖖 Terao, June 💚 The Rose Hills Foundation **Wii** Tuna Canyon Detention Station

Uchida, Catherine 🎡 Uchima, Rav & Estela 🦫 Uchimiya, Della & Joe 🆠 Uehara, Tadao 🙅 🦠 United Health Group ****** Unten, Florence ***

Urata, Doreen & Sidney *** Watanabe, Jayne 🏰 Watanabe, Jun & Charlotte 📸 🖐 Watanabe, Pat 🖐

Watanabe, Robert 🎡 Watari, Sachiko M. & Joseph M. **W**# Weik, Taylor 🦫 Williams, Cindy **

Yabuno, Daniel 🎡 Yabuno Family *** Yamada, Alvin & Janet K. 🍡 Yamada, Janet Y. 🏩 Yamagata, Satoru 🦫 Yamamoto, Arlene 🌼 Yamamoto, Craig 🏰 Yamamoto, Neal & Karen 🐩 Yamamoto, Susan 🐡 🖐

Yamane, Dick & Judy 🏰 Yamasaki, DDS, Robert 🖐 Yamasawa, Hazel 🖐 Yamashiro, Grace \P Yokota, Fae 🦺 Yoshida, Maki 🖐 Yoshimitsu, Roy 💚 Yonemitsu, Mike 🦠 Yonemura, Harry & Judy 🌼 Yonsei Basketball 🏠 Yoshimitsu, Roy 💚 Yoshimura, Eileen ᢢ 🦠 Yuki, Wallace 🤚 Zoerner, Cyril Edward &

Kawaminami, Janice 🤎

\$50 - \$99 Anonymous *** AADAP, Inc. 🌟 Ajari, Paul 💚 🤊 Ajioka, Masako 🏰 Akashi, Kazuye & Kathy 🌟 Apple Charitable Giving **** Arakawa, Baleen 🎡 Araki, Diane 🏰 Arima, Keri 🏩 Baker, Chiyo 🏩 Bergeron, Joan Y 🌯 BlueSnap Corporation ****** Bolle, Elaine 🏩 Castro, Mildred 🍡 Chiu, Phyllis 🤎 DiFonso, Catherine 💚 The Walt Disney Co **\text{\$\psi\$}** Duggan, Jennie 🏩 Ebihara, Teruaki 🐒 Endow, Naomi & Henry 💚 Farooqui, Anam 🦠 Foley-Meyer, Kathie 💚 Fujita, Yuki & Grace 💚 Fujimoto, June 🆠 Fujimoto, Randall 🤎 Fukuda, Susan A. 🏰 Fukumoto, Janis & Morris 🍁 Gee, Jin 🐈 Hernandez, Juan 🏰 Higa, Kay 🏰 Hirano, Isaac & Arleen 🍁 Hiroshima, Janet 🍁 Honda, Katherine & Wilfred 🍁 Hori, Bryan & Kathy 🦠 Kao-Kubo, Emily & Kubo, Jeffrey

Ikehara, Pablo & Toyama, Elisa 🤎 Imamura, Traci & George 🏩 Imura, Danielle 🏰 Inouye, Craig 🏩 Inouye, Ruth 🏩 Ishikawa, Derek & Jayne 💚 🔪 Iwamasa, Yukio 💚 🦠 Iwasaki, Joni 🐈 🎙 Iwata, Clyde and Fern Jeffery, Anita 🤎 Kadomiya, Ruth 🌟 Kamiya, Katherine 📸 🍡 Kamiya, Rachael 🌯 Kato, Hiroko 🤎 Kato, Karie 🍡 Kawai, MK 🏰 Kawano, Shiho 🏰

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Kawaratani. Yukio 🍡 Kawashiri, Noah 🌟 Kawashiri, Patricia S & Yu 🏰 Kinsey, Myra 💚 🦠 Kiyabu, Carol 🏰 Kochiyama, Kahlil 🏰 Koga, Ryoko 🤎 Kondo, Geraldine 🍡 Kouno, Donna 🌼

Kozawa, Minori & Peggy 🎇

Kuniyoshi, Jane 🤎

Kuriyama, Matthew 🌯 LA Chikurei Kai 🏫 Lao, Emmanuel 🐒 Larson, Yasuko 🤎 Lazo Nakamoto, Sharon 🦠 Lee, Justin 🎡 Lee, Lisa 🌯 Lee, Wendy 🌼 Lui, Ted & Irene 💚 Lui, Makayla 🏰 Mack, Emile & Jenny 🦠 Maruyama, Kazuko 🏰 Masai, N. Yuriko 🏰 Masuda, Candace 🔩 Matsumoto, Paul 💚 Matsuoka, Cecilia 🌯 Mayeda, Guy & Amy 🏰 Meighan, Lyndon 🐩 Miike, Jean & Russel 🏰 Mikami, Jean 🍡 Mikami, Richard 🏩 Minami, Barbara 🌯 Mishima, Don 🌟 Miura, Paula 🏰 💜 🥄 Miwa, Alan & Christine 🏰 Miyamoto, Amy Miyamoto, S.T. & K.S. \S Miyano, Colleen 💚 🦠 Miyatake, Robert 🎡 Mizuno, Florence 💚 Mizushima, Marcux 🌟 Mori, Rick 🎇 Morimoto, Shawn 🐡 🦠 Morohoshi, Marie Kyoko 🦠 Motoyasu, Paul 🏰 Munekata Wilhelm, Sheri 🍁 Nagano, Stephen & Patricia 🆠 Nagao, Wayne 🍁 Nakagawa, Robert 🤎

Nakamura, Hideki & Fumie 🏰 Nakamura, Tom & Masako 🏰 Nakata, Harry & Cathy 🍁 Nakayama, Matthew 🎇 Namimoto, Mollie 🏰 Nishi, Lila 🦠 Nishikawa, R.E. 🆠 Nishiuchi, Victoria 🏰 Noguchi, Brian 🏰 Noguchi, Michael 🍁 Oda, Suzuko & Takashi 🌟 Oda-Hayashida, Tami L. Okamoto, Takashi & HIsaye 🏰 Okamura, Dean 🍡 Okazaki, Belinda L. & Derek T. 🍁 Okihara, Craig 🏰 Omoto Lee, Grace 🏰 Omoto, Rose 🦠 Oshimo, Janice & Michael 🎡

Nakaiye, Reiko 🌟

Tomo No Kai Corner

On December 12th, we once again held a Holiday Gift Pick-Up in lieu of our annual TNK Holiday Party. This year we gifted a custom GVJCI mug and coaster set! We ended 2022 with 410 total members. Thank you to all our TNK members! We look forward to another great year with all of you!



Established on May 31, 1979, the GVJCI Tomo No Kai or Senior Citizen Friendship Society was formed to promote and support programs at the GVJCI for the senior community, as well as to provide recreational and social activities such as the annual Christmas party. Your membership dues, class participation fees, and, and donations support senior programs and GVJCI facility operations. Thank you very much for your participation and support!

SIGN UP OR RENEW YOUR TNK MEMBERSHIP FOR 2023! 2023年 友の会メンバーシップ更新または新規サインアップ!

It's that time of year again! Don't forget to renew your Tomo No Kai membership for 2023! We're excited to announce that we will be bringing back Chika Nagata's Beginning and Intermediate Ukulele classes beginning in February, and BINGO has also been back in full swing since November last year. Another important update is that we will be requiring membership in order to participate in our Tomo Cafe social hours, which takes place Monday through Friday from 9am to 11am. If you'd like to relax and chat in our hall with a cup of hot coffee, some soothing cafe music, and some wonderful company, then be sure to stop by our office to sign up. Our TNK class list continues to grow as well as membership, so thank you to all who have signed up and joined classes! It doesn't feel like GVJCI without all of you.

またこの季節になりました!2023年友の会メンバーシップ更新をお忘れなく!嬉しいことに2月から再びナガタチカ先生の初級、 中級ウクレレクラスが始まります。そして、昨年11月からビンゴも再開しました。新しい情報として月曜から金曜、9時から11時の友 カフェ親睦会に参加される方は友の会メンバーシップが必要となりました。コーヒーを飲みながら音楽を聴いたり、楽しいひと時を 過ごされる方は、オフィスで友の会入会をお願いします。友の会メンバーが増えるようにクラスも増え、皆様のご参加、ご協力に感謝 いたします。皆様あってのガーデナバレーJCIだと強く感じています。

CURRENT TNK CLASS SCHEDULE:

MONDAY 9:00-11:00am

9:45-10:45am

Tomo Cafe Physical Fitness for Seniors with weights (\$6)

11:00am-12:00pm Chair Yoga (\$6) by Tim Toyama

12:45-2:15pm Beginner/Improver/Intermediate Line Dance (\$6)

by Chris Mori

TUESDAY

9:00-11:00am Tomo Cafe 9:30-10:30am Beginning Ukulele (\$6) by Chika Nagata

(Starts 2/7)

9:30-11:00am Beginning/Intermediate Hula (\$6) by Harriet

Nagata

10:00am-2:00pm Oil Painting (\$8) by Steve Jones 10:30-11:30am Intermediate Ukulele (\$6) by Chika Nagata

(Starts 2/7)

11:30am-1:00pm Basic Beginner Hula (\$6) by Harriet Nagata 1:30-2:30pm Move & Groove (\$6) by Tim Toyama

11:00am-12:00pm 12:15-1:15pm

Gentle Yoga (\$6) by Genie Nakano Salsa Aerobics (\$6) by Genie Nakano

THURSDAY

9:00-11:00am 9:00am-2:00pm

9:45-10:45am

11:00 am-12:00pm 11:00am-1:00pm 12:15-1:15pm

1:30-2:30pm

Physical Fitness for Seniors with Bands (\$6) Move & Groove (\$6) by Tim Toyama BINGO (\$0.50 per participant, \$0.10 per card) Basic Line Dance (\$6) by Jean Inouye

Knitters Workshop (\$7) (group-led)

Beginner Line Dance (\$6) by Jean Inouye

Tomo Cafe

FRIDAY

9:00-11:00am 9:00-11:00am 9:45-10:45am 11:00am-12:00pm 12:00-1:00pm

1:30-2:30pm

Meditation for Health & Relaxation (\$6) by Genie Nakano

Tomo Cafe

Ballroom Dancing (\$6) by David Shinjo

Chair Yoga (\$6) by Genie Nakano

Friday Craft Workshop (\$3) (group-led)

Physical Fitness for Seniors with weights (\$6)

WEDNESDAY

9:00-11:00am Tomo Cafe

9:45-10:45am Physical Fitness for Seniors with weights (\$6) 10:00am-12:00pm Watercolor Painting (\$6) by Masa Lee

Please note that all programs are subject to change in the event of any health concerns regarding COVID-19.

FEBRUARY

EMERGENCY PREPAREDNESS FOR **SENIORS SEMINAR** FRI, FEB 10, 1-2PM

GVJCI Nisei Veterans Memorial Hall

Join us for a FREE in-person seminar on emergency preparedness for seniors. Ron Mark, Director. Center for Criminal Justice Research and Training at California State University, Long Beach, will give a presentation on how to best prepare for natural disasters such as earthquakes, and how to keep yourself safe. A Q&A session will follow the presentation. To register, please visit the GVJCI website or call (310) 324-6611.

SENIOR TOMODACHI **VALENTINE'S DAY PARTY**

TUES, FEB 14, 12-2PM

GVJCI Nisei Veterans Memorial Hall

Celebrate Valentine's Day with GVJCI! Bring your friends and make some new ones as we come together and enjoy everyone's company! We'll be serving cupcakes, beverages, and also will be giving away some goodie bags. This event is FREE to attend for anyone 60 years and older. However, registration will be required. To register, visit our website or call our office (310) 324-6611. We can't wait to see you

メディケア無料セミナー 2月17日金曜日午後1時から2時ま

二世ベテランズメモリアルホール

たくさんの選択肢があってわかりにくいメディケア。 自分に合った保険プランを見つけましょう。講師の 飯田たかし氏による日本語での無料セミナーです。参 加希望登録は電話(310) 324-6611、EXT101、チカ

DAY OF REMEMBRANCE 2023 - CAMPAIGN FOR **JUSTICE: THE JAPANESE LATIN AMERICAN STORY**

SAT, FEB 25, 2-4PM Online

This year, the theme for the Gardena Valley Japanese Cultural Institute's 2023 Day of Remembrance will be "Campaign For Justice: The Japanese Latin American Story" and will highlight the hidden history and stories of Japanese Latin Americans who were abducted from their home countries and wrongfully incarcerated in the United States during World War II. In a virtual live program on

Saturday, February 25, 2023, the GVJCI will feature the 2004 short film. Hidden Internment: The Art Shibayama Story followed by a discussion with a panel of experts featuring Director of the Japanese Peruvian Oral History Project and coordinator for Campaign For Justice: Redress Now For Japanese Latin Americans, Grace Shimizu, University of Maryland professor and Co-President of the Board of the Asian American Legal Defense and Education Fund, Phil Nash, and former Crystal City incarceree Chieko Kamisato. We hope the community will come away with a stronger understanding of the meaning of justice, the repercussions of ongoing discriminatory action by the government, and what people can do to support the cause and fight for redress. To register for this online event, please visit the GVJCI website.

This program is co-sponsored by The George and Sakaye Aratani CARE Award, UCLA Asian American Studies Center, and Valerie J. Matsumoto, George and Sakaye Aratani Chair on the Japanese American Incarceration, Redress, and Community, University of California, Los Angeles.

SMARTPHONE CLASS MONS, FEB 27-APR 3, 12-1PM

GVJCI Nisei Veterans Memorial Hall

Do you need help using apps on your smartphone? Not sure how to edit the settings on your iPhone or Android? Register for our smartphone/tablet class to learn the basic functions of your device! A question and answer session will conclude each class. This is a 6 class series: each class is \$10 or \$50 for the whole series. To register, please visit the GVJCI website or call (310) 324-6611.

MARCH

ファイナンス/ライフプラ ン無料セミナー 3月4日土曜日午前10から午後 12時まで

二世ベテランズメモリアルホール

将来の人生設計を立てるには、まずファイナンス のことを理解しましょう。日本語での無料セミナ ー、講師は飯田たかし氏。参加希望登録は(310) 324-6611、Ext101、チカコまで。

HINAMATSURI SAT, MAR 4, 2-3PM

GVJCI Nisei Veterans Memorial Hall

Celebrate Girl's Day (Hinamatsuri) with us as we learn the traditions behind this famous Japanese holiday. We will be painting hina dolls and cooking chirashizushi together. All ages are welcome! \$5 per

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ADULTING WORKSHOP: HOW TO SELL YOUR HOME

SAT, MAR 11, 12-1:30PM

GVJCI Nisei Veterans Memorial Hall

Planning on selling your home in the future but don't know where to start? Interested in a step-by-step breakdown of the home selling process? Then join us for our FREE Home Seller workshop and a Q&A session with realtor and guest speaker Derek Hirano. Derek is the founder of the Hirano Homes Group at Keller Williams. Having sold over \$100M in real estate sales, Derek is consistently recognized as a top producer and was recently named one of the top 1.5% of licensed Realtors® nationwide. He holds a Seniors Real Estate Specialist (SRES®) designation which provides the specialized skills needed to assist clients over the age of 50.

This program is made possible by a grant from FOR.

ALZHEIMER'S LA: SAVVY CAREGIVER EXPRESS WEDS, MAR 15, 22, 29, 1-3PM **GVJCI Upstairs Classroom 206**

A 3-week program based on the Savvy Caregiver. This program develops the basic knowledge, skills, and attitudes needed to care for someone with Alzheimer's disease or another dementia. To register for this FREE workshop, please contact Kristy Huang-Arai at (323) 930-6257 or khuang@alzla.org.

SELF DEFENSE WORKSHOPS セルフ ディフェンスワー クショップ

OLDER ADULTS (men & women) -THURS, MAR 16, 10AM-12PM 3月16日 木曜日 午前10時から 午後12時まで

WOMEN - TUES, APR 11, 7-9PM 4月11日 火曜日 午後7時から9 時まで

GVJCI Nisei Veterans Memorial Hall 二世ベテランズメモリアルホール

The theme of these workshops is Self Defense and Situational Awareness Workshop. The first 30 minutes will focus on Situational Awareness and general considerations of preparedness. The remaining 90 minutes consists of introduction of practical self defense techniques including striking, kicking, and blocking as methods to minimize any attack and injury and to facilitate escape. Each workshop is taught by 6th degree black belt instructor Art Ishii from the Matsubayashi-Ryu Karate-Do of Little Tokyo: limited to 50 students per workshop. This program is made possible by the Asian Pacific Community Fund COVID-19 Recovery Fund. このワークショップのテーマは自己防衛と状況把握

意識です。前半30分はどのような状況かを認識す る事と日常の備えにフォーカスします。後半90分 は攻撃を最小限にとどめ脱出を容易にするために実 践的なあらゆる手段の自己防衛テクニック方法を紹 介します。各ワークショップはリトル東京松林流空 手道黒帯六段のアートイシイ先生にご教授いただき ます。50名限定。無料、ご寄付いただけると幸い です。このプログラム提供はアジアンパシフィッ クコミュニティーコロナ19ファンドにより可能に なりました。

KAMI BAND MINI-BASKET MAKING WORKSHOP 紙バンドミニバスケット作 りワークショップ

THURS. MAR 23. 1-3PM 3月、23日 木曜日 午後1時から 午後3時まで

GVJCI Upstairs Classroom 207/208

Learn to make a mini basket with a handle out of Japanese kami-band paper! This workshop is limited to 8 participants, \$10 per participant. 紙バンドでミニバスケットを作ります。 参加費\$10、8名まで。

アメリカ 不動産売買の 基礎知識セミナー 3月18日 土曜日 午後1時か ら3時まで

二世ベテランズメモリアルホール カリフォルニアで不動産はどのように売買されて いるのか、始めて家を買う時に気を付けること、 また住み替えを考えている方のための日本語での 無料セミナー。 講師はヨシコ ウィルハイトさん。 参加希望登録は電話(310) 324-6611、EXT101、

TRANSBORDER LOS ANGELES: AN UNKNOWN TRANSPACIFIC HISTORY OF JAPANESE-MEXICAN RELATIONS BOOK EVENT SAT. MAR 25, 2-4PM

GVJCI Nisei Veterans Memorial Hall

Join us for an informative discussion on Yu Tokunaga's new book: Transborder Los Angeles: An Unknown Transpacific History of Japanese-Mexican Relations. Focusing on Los Angeles farmland during the years between the Immigration Act of 1924 and the Japanese incarceration in 1942, Transborder Los Angeles weaves together the narratives of Mexican and Japanese immigrants into a single transpacific history. In this book, Yu Tokunaga moves from international relations between Japan, Mexico, and the US to the Southern California farmland, where ethnic Japanese and Mexicans played a significant role in developing local agriculture, one of the major industries of LA County before World War II. Viewing these experiences in a single narrative form, Tokunaga breaks new ground, demonstrating the close relationships between the ban on Japanese immigration, Mexican farm workers' strikes, wartime Japanese removal, and the Bracero Program. Books are available to purchase for 30% off online for those who register. This program is free to attend but registration is required.

Yu Tokunaga is Associate Professor of History at the Graduate School of Global Environmental Studies with a joint appointment at the Graduate School of Human and Environmental Studies, Kyoto University, Japan.

APRIL

HERITAGE ASSOCIATION **PROGRAM**

SAT, APR 15, 2-4PM GVJCI Main Hall This program will feature a panel discussion from the Nikkei Basketball community. Details to be announced soon. Please check the GVJCI website for the latest information.



SCAN WITH YOUR PHONE TO REGISTER!

GVJCI SIGNATURE EVENT

GVJCI Nisei Veterans Memorial Hall

Stay tuned for details! Please visit our website for

Contact: Cathy Lee at clee@jci-gardena.org or 310-

POETRY PERFORMANCE

GVJCI Nisei Veterans Memorial Hall

Join us for a FREE poetry performance and book

premiere by author Genie Nakano! Her new book

Wings on a Silk Veil will be available for sale. Perfor-

mances by other female poets will accompany a the-

atrical performance of Genie's poetry. Refreshments

will be provided by Gardena Bowl Coffee Shop. To

FUNDRAISER

BOOK EVENT

SAT, APR 29, 2-4PM

register, please visit our website!

FRI. APR 28

324-6611 ext. 106.

NIKKEI BASKETBALL



EARLY BIRD PRICING ENDS MARCH 31st! REGISTER TODAY!

TANOSHII Fun Camp is a Japanese American cultural heritage summer camp for children ages 7-10. Activities include cultural presentations, group activities, arts & crafts, cooking, and more! For more information, please visit the GVJCI website (www.jci-gardena.org/tanoshii-fun-camp) or call (310) 324-6611.



Date: Saturday, June 24, 2023 Location: GVJCI

Celebrate Summer with GVJCI at the 2023 GVJCI Matsuri Fundraiser! We are pleased to announce that our Matsuri is returning this year! We'll share more details as we get closer to the event. In the meantime, please save the date and we hope to see you there!









